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# AVOCADO DIP



Makes about 3 cups

This dip is perfect for vegetables, crackers and cheesy corn chips. It is thick enough it can even be used as a spread on sandwiches or subs. This kid friendly creamy Avocado Dip will be a big hit at any gathering.

3 ripe avocados or 4 if small, skin and seeds removed  
½ cup plain Greek yogurt or sour cream  
Juice from 1 lemon  
¼ cup olive oil  
¾ Tsp. salt  
Pinch of black pepper  
2 Tbsp. chopped fresh parsley  
2 cloves garlic, minced  
1 (8oz.) pkg. cream cheese, softened

In a blender or food processor, add in all the ingredients except the cream cheese. Pulse until everything is combined. Add in the softened cream cheese and blend until smooth. Transfer to a small bowl and chill for about 1 hour before serving. The dip will keep in the refrigerator for up to 3 days.

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